

Fashion & Beauty

allyou

SPECIAL
ISSUE

Ideas * Tips * Life with a Reality Check

DROP 5, 10, 15 POUNDS

Make fitness fun and
lose weight **faster**

FALL FINDS!
29 PIECES
FOR **\$25**
OR LESS

SMART
HAIR
TRICKS

How to style
like a pro

Nab just-right
makeup at
bargain
prices

BOOST YOUR ENERGY
20 EASY WAYS!

LOOK AND FEEL YOUR BEST— *for less*

PERFECT JEANS!



6 WOMEN LAND THEIR IDEAL
PAIR FOR DAY AND NIGHT

www.allyou.com AOL keyword: All You
\$4.97

